

THE SPICE OF LIFE

NON-GLUTEN MENU

NIBBLES & SHARERS

Marinated chicken thigh skewers ~ £6.50

Red pepper and chilli marinade, rocket and pomegranate.

Baba ganoush & hummus plate (v) ~ £8.95

Traditional hummus, smoked paprika, homemade baba ganoush, baby vegetables and non-gluten bread.

SIDES

Seasonal buttered vegetables (v) ~ £2.95

Triple cooked chips (v) ~ £3.25

House slaw (v) ~ £1.95

House salad (ve) ~ £2.35

MAIN PLATES

Hunters chicken ~ £10.95

Chicken breast topped with smoked streaky bacon, Cheddar cheese and BBQ sauce, triple cooked chips and house slaw.

28 day aged grass-fed 8oz sirloin steak ~ £16.95

Sea salted fries, creamed spinach, beef tomato and flat mushroom.

Cauliflower & red pepper curry (ve) ~ £10.95

Herby rice, mango chutney, poppadum and coriander.

Sweet potato & butterbean stew (v) ~ £10.25

Sweet potato falafels, baked seeded non-gluten roll.

BURGERS

All burgers served in a seeded non-gluten roll with pickle, red onion, gem lettuce, tomato, burger sauce - with sea salted fries.

Classic beef burger ~ £10.95

Grilled chicken burger ~ £9.95

Chicken breast with Emmental cheese and BBQ sauce.

Sweet potato & halloumi stack (v) ~ £9.95

Slices of roasted sweet potato and grilled halloumi cheese.

| *Double your burger for £3.25* |

LUNCH £8.00 EACH

| *Served through to 5pm* |

Served with a mug of sea salted fries or house salad

AHT sandwich (v)

Sliced non-gluten bread, avocado, halloumi, tomato, herb oil and Traclements onion marmalade

Chicken and bacon club

Triple layered non-gluten bread sandwich, soft boiled egg, tomato, gem lettuce and mayonnaise.

Steak sandwich

Sliced non-gluten bread, Traclements onion marmalade, rocket and horseradish.

Reuben sandwich

Toasted non-gluten bread, pastrami, sauerkraut, Emmental cheese and mustard mayonnaise.

DESSERTS

£5.25 EACH

Warm chocolate brownie (v)

Hot chocolate sauce and vanilla ice cream.

Dairy ice cream (v)

Three scoops: vanilla, strawberry or chocolate

(v) suitable for vegetarians. (ve) suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. **Allergen information.** If you have any allergies or dietary requirements please speak to our team for more information. Our kitchens contain many ingredients so we cannot guarantee the total absence of nuts, gluten or other allergens. A full list of allergens in each dish is available for your peace of mind. **All prices include V.A.T. Service is not included. All tips are retained by a grateful team.**