

THE SPICE OF LIFE

LIVE LISTINGS - JULY

- Thu 1 **JAZZ.** James Pusey Band, 7.30pm, £10 / £8 MU & students
- Fri 2 **JAZZ.** Jack Honeybourne All-Stars. 12-3pm, £5
ROCK / POP / FOLK. Calico + C N Lester + Peter Georgallou (DJ set). 7.30pm £5
- Sat 3 **ROCK / POP / FOLK.** Rainy And The Dust + Natalie Blooms. 7.30pm, £5
- Sun 4 **JAZZ.** Tomorrow's Warriors Jazz Jam. Showcase for young jazz talent. 1-4pm, £3
CLASSICAL. The Little Proms Concert Series. 7pm, FREE
- Mon 5 **OPEN MIC NIGHT** for singer, songwriters & musicians. 6.30pm sign up, FREE
- Tue 6 **BLUES JAM.** Open session for blues musicians of all levels. 8.00pm, FREE
- Wed 7 **JAZZ.** Barry Green Trio + Special Guest Singer + open mic.
7.30pm, £10 / £8 MU & students
- Thu 8 **JAZZ.** Matt Fishwick Quartet featuring Josephine Davies. 8pm, £10/£8 MU & students
- Fri 9 **JAZZ.** The Okeh All-Stars ftg. Ken Sims & John Doddard. 12-3pm, £5
ROCK / POP / FOLK. Agent + The Cut Outs + In Like Flynn. 7.30pm, £5
- Sat 10 **ROCK / POP / FOLK.** The Infamous Ctrl + Charlie Khan + The Moby Dicks. 7.30pm, £5
- Sun 11 **JAZZ.** Denmark Street Big Band. 1-4pm, £10 / £8 MU & students
- Mon 12 **OPEN MIC NIGHT** for singer, songwriters & musicians. 6.30pm sign up, FREE
- Tue 13 **BLUES JAM.** Open session for blues musicians of all levels. 8.00pm, FREE
- Wed 14 **JAZZ.** Annie Bright + Dave Gelly Quartet + open mic. 7.30pm, £10 / £8 MU & students
- Thu 15 **JAZZ.** Binker Golding. New Writers & Arrangers Series. 7.30pm, £10 / £8 MU & students
- Fri 16 **JAZZ.** Jack Honeybourne All-Stars ftg. Karen Sims. 12-3pm, £5
ROCK / POP / FOLK. Miss Larri Gardet + Bambus City Strut + Karim Fanous.
7.30pm, £5
- Sat 17 **ROCK / POP / FOLK.** My Heroine + Goober Gun + Rebel Territory. 7.30pm, £5
- Sun 18 **JAZZ.** Dan Barnett & The West End All-Star Big Band. 7.00pm, £5
- Mon 19 **OPEN MIC NIGHT** for singer, songwriters & musicians. 6.30pm sign up, FREE
- Tue 20 **BLUES JAM.** Open session for blues musicians of all levels. 8.00pm, FREE
- Wed 21 **JAZZ.** Renato D'Aiello Quartet + Piero Dotti + open mic.
7.30pm, £10 / £8 MU & students
- Thu 22 **JAZZ.** Jo Fooks Quintet. 7.30pm, £10 / £8 MU & students
- Fri 23 **JAZZ.** John Wurr's Herts & Essex Band. 12-3pm, £5
ROCK / POP / FOLK. Elle Jay + Richie Syrett + Free Control. 7.30pm, £5
- Sat 24 **ROCK / POP / FOLK.** The United Kingdom + The Seaside. 7.30pm, £5
- Sun 25 **JAZZ.** Tomorrow's Warriors Jazz Jam. Showcase for young jazz talent. 1-4pm, £3
- Mon 26 **OPEN MIC NIGHT** for singer, songwriters & musicians. 6.30pm sign up, FREE
- Tue 27 **BLUES JAM.** Open session for blues musicians of all levels. 8.00pm, FREE
- Wed 28 **JAZZ.** Laura Collins + Barry Green Trio + open mic. 7.30pm, £10 / £8 MU & students
- Thu 29 **JAZZ.** Kevin Davy Quartet. 7.30pm, £10 / £8 MU & students
- Fri 30 **JAZZ.** Jack Honeybourne All-Stars ftg. Andy Wood. 12-3pm, £5
ROCK / POP / FOLK. The Cut Outs + Guided By Lights + Ataraxis Vibration. 7.30pm, £5
- Sat 31 **ROCK / POP / FOLK.** Angry Years + Black Vox. 7.30pm, £5